# **Engage Conflict Well**

# PREPARE YOURSELF FOR CONFLICT TRANSFORMATION

## CREATE A WELL, NOT A WALL

Create in yourself an openness to conflict as part of God's creation, an opportunity for growth and revelation.

## ALLOW THE WELL TO FILL

Open your heart and mind to God's love, as incarnate in Jesus the Christ, reducing your anxiety and drawing you toward reconciliation and being a reconciler.

## BE WELL PREPARED

Be prepared to listen for understanding, to speak the truth in love, to use your imagination, and to be forgiving.

#### **BE WELL**

Accept forgiveness and healing so that you can be a meditative presence in the conflict.

## **ENGAGE OTHERS IN CONFLICT TRANSFORMATION**

## CREATE A COMMON WELL TOGETHER

Together analyze the conflict and design a collaborative process where everyone can participate and be responsible.

#### SHARE THE WELL

Create a relational covenant that clarifies and affirms how everyone will be treated in the process.

#### DRINK DEEPLY TOGETHER

Elicit stories of peak experiences, grace-filled moments and dreams of a preferred future.

## LET IT FLOW

Move from positions to interests and needs, generating options to reach consensus; move from retribution to restoration: healing the harm, affirming accountability and creating a new relationship.

## BE WELL TOGETHER

Celebrate each step toward healing and communion.

Be prayerful, persistent and patient.

For an "Engage Conflict Well" workshop at your church, consult with your pastor, Church Council and Staff Parish Relations Committee, then contact District Superintendent Skip Strickland for information regarding cost and a recommendation for leadership from our Rocky Mountain Conference. 303-478-9184 or <a href="mailto:skip@rmcumc.com">skip@rmcumc.com</a>
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